# APPROVED COURSES of FIRE

for

# CIVILIAN MARKSMANSHIP TRAINING

for

CLUBS AND SCHOOLS ENROLLED WITH THE

DIRECTOR OF CIVILIAN MARKSMANSHIP

**JULY 1983** 

Enclosure

### Approved Courses of Fire for Marksmanship Training for

## Clubs and Schools Enrolled with the Director of Civilian Marksmanship

All clubs and schools enrolled with the Director of Civilian Marksmanship are required to insure that their members fire a DCM-approved qualification course for record at least once a year. Free issues of ammunition and targets are based upon record firing.

The courses of fire contained herein are authorized for record firing by clubs and schools enrolled with the Director of Civilian Marksmanship. Modification of these courses is not authorized. However, scores fired in registered or approved competitions are also acceptable.

Firing of qualification courses for record must be conducted in accordance with the rules and regulations governing record firing prescribed for the respective firearms set forth herein. NRA rules apply to position used.

#### Minimum Scores for Qualification

Expert	85%
Sharpshooter	80%
Marksman	70%
Unqualified Less than	70%

#### Caliber .30 Rifle Courses

#### Instructions for Firing Caliber .30 Rifle Courses

Rifle: Caliber .30 firing may be conducted with either the M1 (Garand) rifle,

the M14 7.62mm rifle, the M1903 (Springfield) or any rifle meeting the requirements of Rule 3.3 NRA High Power Rifle Rules having metallic sights and a trigger pull of not less than three (3) pounds, except in the cases of the M1 and M14 rifles the trigger pull will be not

less than four and one-half (41/2) pounds.

Ammunition: Any safe caliber .30 rifle ammunition.

Targets: As prescribed for each course in the following tables.

Positions: As described in current National Rifle Association rules.

Supervision: A club official, appropriate school official or junior club instructor

will exercise sufficient supervision to insure compliance with the requirements for qualification firing, and will certify as to the correct-

ness of the scores.

Requirements: The caliber .30 rifle courses prescribed below may be fired by individ-

uals 14 years of age or over.

Awards: Certificates of Qualification may be awarded for qualifying scores

made in firing caliber .30 courses.

#### Caliber .30 Rifle Courses

DCM Co	urse H-PA	•••••••	1000 inch		
Range	Tanad	Double			Possible
1000 in	Target	Position Standard	Nr shots		score
1000 in	A-1000 in	Standing, Slow Fire	20	20 mins	100
	A-1000 in	Sitting or Kneeling from Standing, Rapid Fire	20	60 secs per 10 shot string	100
1000 in	A-1000 in	Prone from Standing,	20	70 secs per 10	100
		Rapid Fire		shot string	<del></del>
		To	otal Possible Se	core	300
DCM Cor	urse HP-B	100 Y	ards Only		
Range	Target	Position	Nr shots	Time	Possible
100 yds	SR-1	Standing, Slow Fire	_	Time	score
100 yds 100 yds	SR-1		20	20 mins	200
100 yas	3K-1	Sitting or Kneeling from Standing, Rapid Fire	20	60 secs per 10 shot string	200
100 yds	SR-21	Prone from Standing,	20	_	200
100 ) (2)	OK 21	Rapid Fire	20	70 secs per 10 shot string	200
		<u> </u>	tal Possible So	ore	600
DCM Cou	ırse HP-C	100 Yards Modi			555
					Possible
Range	Target	Position	Nr shots	Time	score
100 yds	SR-1	Standing, Slow Fire	10	10 mins	200
100 yds	SR-1	Sitting from Standing,	10	60 secs per 10	100
		Rapid Fire		shot string	100
100 yds	SR-21	Prone from Standing, Rapid Fire	10	70 secs per 10	100
100 yds	MR-31	Prone, Slow Fire	20	20 mins	100
		То	tal Possible Sc	ore	
DCM Cou	rse HP-D	Short Range 200 Y	ards Only		
			•		Possible
Range	Target	Position	Nr shots	Time	score
200 yds	SR	Standing, Slow Fire	20	20 mins	200
200 yds	SR	Sitting or Kneeling from Standing, Rapid Fire	20	60 secs per 10 shot string	200
200 yds	SR-42	Prone from Standing	20	70 secs per 10	200
		Rapid Fire		shot string	
		<del>-</del>	tal Possible Sc	ore	600
DCM Cou	rse HP-E	200 Ya	rds NMC		
Range	Target	Docition	<b>\</b> 7 ~3	<b>T</b> :	Possible
200 yds	Target Sp	Position	Nr shots	Time	score
-	SR	Standing, Slow Fire	10	10 mins	100
200 yds	SR	Sitting from Standing, Rapid Fire	10	60 secs per 10 shot string	100
200 yds	SR-42	Prone from Standing	10	70 secs per 10	100
		Rapid Fire		shot string	
200 yds	MR-52	Prone, Slow Fire	20	20 mins	200
		Tot	al Possible Sco	ore	. 500

#### Caliber .30 Rifle Courses (continued)

DCM Cou	irse HP-F	200 & 300 Yards Modific	ed NMC		
					Possible
Range	Target	Position	Nr shots	Time	score
200 yds	SR	Standing, Slow Fire	10	10 mins	100
200 yds	SR	Sitting from Standing, Rapid Fire	10	60 secs per 10 shot string	100
300 yds	SR-3	Prone from Standing, Rapid Fire	10	70 secs per 10 shot string	100
300 yds	MR-63	Prone, Slow Fire	20	20 mins	200
		Tota	d Possible So	or <b>e</b>	500
DCM Co.	rce UD_G	National Match	Course		
DCM Cot	uscin -G	I valional iviator	Course		Possible
Range	Target	Position	Nr shots	Time	score
200 yds	SR	Standing, Slow Fire	10	10 mins	100
200 yds	SR	Sitting or Kneeling from Standing, Rapid Fire	10	60 secs per 10 shot string	100
300 yds	SR-3	Prone from Standing, Rapid Fire	10	70 secs per 10 shot string	100
600 yds	MR-1	Prone, Slow Fire	20	20 mins	200
•		Tota	d Possible So	or <b>e</b>	500

#### **CALIBER .22 RIFLE COURSES**

Instructions for Firing Caliber .22 Rifle Course

Rifle: The caliber .22 rifle (NRA Smallbore Rule 3.1) having trigger pull of not

less than three (3) pounds, except when using A36 target.

Ammunition: Any safe caliber .22 rim fire ammunition.

Target: Standard issue smallbore or commercial NRA approved target.

Position: As described in current National Rifle Association Rules.

Sights: Metallic (NRA Rule 3.7(a). Post or aperture from sight may be used.

TELESCOPIC SIGHTS ARE NOT AUTHORIZED.

Supervision: A club official, appropriate school official or junior club instructor will

exercise sufficient supervision to insure compliance with the requirements for qualification firing and certify as to the correctness of the scores.

Scoring: Record targets will be scored in accordance with the smallbore rifle rules

of the National Rifle Association.

Requirements: Smallbore courses listed below may be fired by all members of DCM

clubs for annual qualification. Scores fired in registered or approved

competitions are also acceptable for qualification.

Awards: Appropriate badges and bars will be awarded, subject to availability of

funds, to juniors (ages 10-20 yrs. inclusive) for qualifying scores made in

firing any DCM caliber .22 rifle courses.

#### **CALIBER .22 RIFLE COURSES**

DCM Course	DCM Course SB-A 3 Position Gallery					
					Possible	
Range	Target	Position	Nr shots	Time	Score	
50 ft	A-36	Prone	10	10 mins	100	
50 ft	A-36	Kneeling	10	15 mins	100	
50 ft	A-36	Standing	10	20 mins	100	
		•	Total Poss	sible Score	300	
DCM Course S	SB-B	3 I	Position Galle	ery		
					Possible	
Range	Target	Position	Nr shots	Time	Score	
50 ft	A-17	Prone	10	10 mins	100	
50 ft	A-17	Kneeling	10	15 mins	100	
50 ft	A-17	Standing	10	20 mins	100	
			Total Poss	sible Score	300	
DCM Course S	SB-C	4 F	Position Galle	ery		
				•	Possible	
Range	Target	Position	Nr shots	Time	Score	
50 ft	A-36	Prone	10	10 mins	100	
50 ft	A-36	Sitting	10	15 mins	100	
50 ft	A-36	Kneeling	10	15 mins	100	
50 ft	A-36	Standing	10	20 mins	100	
			Total Poss	sible Score	400	
DCM Course S	מ מי	4 F	Position Galle	with		
DCIVI Course S		· · · · · · · · · · · · · · · · · · ·	Osition Gane	:1 y	Possible	
Range	Target	Position	Nr shots	Time	Score	
50 ft	A-17	Prone	10	10 mins	100	
50 ft	A-17	Sitting	10	10 mins	100	
50 ft	A-17	Kneeling	10	10 mins	100	
50 ft	A-17	Standing	10	10 mins	100	
		<b>-</b>		sible Score		
DCM Course S	ם מי		Drone Celle			
DCM Course s	<b>B-E</b>		Prone Gane	ery	Possible	
Range	Target	Position	Nr shots	Time	Score	
50 ft	A-17	Prone	40	10 min for	400	
50 11	A-17	Tione	70	10 shot string	400	
			Total Poss	ible Score	300	
					500	
DCM Course S	SB-F		Prone Galle	ry		
_					Possible	
Range	Target	Position	Nr shots	Time	Score	
50 ft	A-36	Prone	40	10 mins for each	400	
				10 shot string		
			Total Poss	ible Score	. 400	
DCM Course S	SB-G	Dev	war			
					Possible	
Range	Target	Position	Nr shots	Time	Score	
50 yds	A-23/5	Prone	20	20 mins	200	
100 yds	A-25	Prone	20	20 mins	200	
			Total Poss	ible Score	. 400	

#### CALIBER .22 RIFLE COURSES (continued)

DCM Course	SB-H	(1) (2) Mid I	Range Prone (	50 yds-50 meters)	
				· ·	Possible
Range	Target	Position	Nr shots	Time	Score
(1) 50 yds	A-23/5	Prone	40	2 string of	400
., .				20 shots	
(2) 50 meters	A-26	Prone	40	20 mins each	400
(or at 50 yd	s A-27)			string	
` ,	,		Total Poss	ible Score	800
DCM Course S	SB-I	Mid	Range Positi	on	
			•		Possible
Range	Target	Position	Nr shots	Time	Score
50 yds	A-23/5	Standing	10	11/2 min per shot	100
-		Kneeling	10	11/2 min per shot	100
		Sitting	10	11/2 min per shot	100
		Prone	10	11/2 min per shot	100
			Total Poss	ible Score	400
DCM Course	en r		100 yand mro	n a	
DCM Course s	SB-J		100 yard pro	iie	Possible
Range	Target	Position	Nr shots	Time	Score
100 yds	A-25	Prone	40	1 min per shot	400
100 yas	A-23	Profile	40	i min per snot	400
DCM Course S	SB-K	(1) (2) I	nternational, (	Gallery and Outdoor	
					Possible
Range	Target	Position	Nr shots	Time	Score
(1) 50 ft	A-36	Prone	10	10 mins	300
		Kneeling	10	15 mins	
		Standing	10	20 mins	•
(2) 50 meters	A-20/5	Prone	20	20 mins	600
(or at 50 v		TC . 11		20	•
(Or at JU y	ds A-49)	Kneeling	20	30 mins	
(Or at 50 y	ds A-49)	Kneeling Standing	20	40 mins	

#### Carbine Caliber .30 M1 Courses

Instructions for Firing Carbine Caliber .30 M1 Courses

Carbine:

U.S. Carbine caliber .30 M1 as issued by the U.S. Armed Forces or the same type and caliber of commercially procured carbine, having not less than a 4½ pound trigger pull, with standard-type stock and handguard, and standard issue type web sling. During the firing of all courses and in all positions the standard 15-round box magazine shall be attached. The gas system shall be fully operational. External or internal alterations to any part of the assembled arm are not allowed. The front and rear sights must be standard design for this carbine as issued by the U.S. Armed Forces.

Ammunition:

Any safe caliber .30 carbine ammunition.

Targets:

Official NRA targets as described in the NRA Highpower Rifle Rules and prescribed for each course and stage in the following tables.

Positions:

As prescribed in NRA High Power Rifle Rules, except as modified by AR 920-30, "Rules and Regulations for the National Matches".

Supervision:

An official or instructor of the organization concerned shall personally supervise to insure compliance with the safety regulations in NRA rules, AR 920-30, and such further regulations as may apply at the range concerned; to control the courses and conditions of firing; and to determine scores. For competitive firings see a following paragraph.

Scoring:

As described in NRA High Power Rifle Rules.

Requirements:

A. The caliber .30 carbine course may be fired by individuals 12 years of age or older.

B. In rapid fire stages of competition or qualification under DCM sponsorship, the carbine will be loaded initially with two rounds. After the two rounds are fired, the carbine will be reloaded with an eight-round magazine, from the belt or the ground at the option of the firer.

Qualification: A wards

Certificates of Qualification may be awarded by the DCM for scores made in caliber .30 carbine courses.

#### **CALIBER .30 CARBINE COURSES**

DCM Cour	se C-A		100 Yar	ds	
					Possible
Range	Target	Position	Nr shots	Time	Score
100 yds	S-R	Prone	10*	10 mins	100
100 yds	S-R	Standing	10	10 mins	100
100 yds	S-R	Rapid fire	10	60 sec per	100
		sitting from standing		10 shot string	
100 yds	S-R	Rapid fire	10	60 sec per	100
		Prone from standing		10 shot string	
100 yds	S-R	Prone	10*	10 min	100
			Total Poss	sible Score	500
*20 sho	ots prone broken	into 2-10 shot stag	es for instru	actional purposes.	
DCM Cours	e C-B	100	and 200 yar	ds	
					Possible
Range	Target	Position	Nr shots	Time	Score
100 yds	S-R	Prone	10*	10 mins	100
100 yds	S-R	Standing	10	10 mins	100
100 yds	S-R	Rapid fire	10	60 sec per	100
		Sitting from standing		10 shot string	
200 yds	S-R	Rapid fire	10	70 sec per	100
		Prone from standing		10 shot string	
200 yds	S-R	Prone	10*	10 mins	100
			Total Poss	ible Score	500
DCM Cours	e C–C		1,000 inch	es	
					Possible
Range	Target	Position	Nr shots	Time	Score
1000 in	A-1000 in	Prone	10*	10 mins	100
1000 in	A-1000 in	Standing	10	10 mins	100
1000 in	A-1000 in	Rapid fire	10	60 sec per	100
		Sitting from standing		10 shot string	
1000 in	A-1000 in	Rapid fire	10	60 sec per	100
		Prone from standing		10 shot string	
1 <b>000</b> in	A-1000 in	Prone	10*	10 mins	100
			Total Poss	ible Score	500

#### AIR RIFLE COURSES

#### Instructions for Firing Air Rifle Courses

Air Rifle: Any type of compressed air or CO2 Rifle of convential appearance which

shoots a .177 or .22 Caliber pellet.

Ammunition: .177 Pellets or .22 Pellets

Targets: As prescribed for each course in the following tables.

Positions: As described in current National Rifle Association Rules.

Supervision: A club official, appropriate school official or junior club instructor will

exercise sufficient supervision to insure compliance with the requirements for qualification firing, and will certify as to the correctness of the scores.

Scoring: A description of targets and methods of scoring can be found in the cur-

rent NRA International Rifle Rules.

Awards: Certificates of Qualification may be awarded for qualifying scores made

in firing Air Rifle Courses.

#### AIR RIFLE COURSES

DCM Cour	ses AR-A	10	) Meters		
					Possible
Range	Target	Position	Nr shots	Time	Scores
10 M	AR-1	Standing	40	90 mins	400
DCM Cour	se AR-B	10	) Meters		
					Possible
Range	Target	Position	Nr shots	Time	Scores
10 M	AR-1	Standing	60	135 mins	600
DCM Cour	se AR-C	3 Positi	ions	10 Meters	
					Possible
Range	Target	Position	Nr shots	Time	Scores
10 M	AR-1	Standing	10	10 mins	100
10 M	AR-1	Kneeling	10	15 mins	100
10 M	AR-1	Prone	10	10 mins	100
			Total Pos	sible Score	300
DCM Cour	se AR-D	4 Positi	ions	10 Meters	
				•	Possible
Range	Target	Position	Nr shots	Time	Scores
10 M	AR-1	Standing	10	20 mins	100
10 M	AR-1	Sitting	10	15 mins	100
10 M	AR-1	Kneeling	10	15 mins	100
10 M	AR-1	Prone	10	10 mins	100
			Total Pos	sible Score	400
DCM Cours	se AR-E	4 Posit	ions	25 FT	
					Possible
Range	Target	Position	Nr shots	Time	Scores
25 FT	TQ-25	Standing	10	10 mins	100
25 FT	TQ-25	Sitting	10	10 mins	100
25 FT	TQ-25	Kneeling	10	10 mins	100
25 FT	TQ-25	Prone	10	10 mins	100
	- 🕻			sible Score	
DCM Cours	se AR-F	3 Posi	tions	25 FT	
					<b>Possible</b>
Range	Target	Position	Nr shots	Time	Scores
25 FT	TQ-25	Standing	20	20 mins	200
25 FT	TQ-25	Kneeling	20	20 mins	200
25 FT	TQ-25	Prone	20	20 mins	200
	-		Total Poss	sible Score	600

#### Caliber .22 Rifle Biathlon Courses

Instructions for Firing Caliber .22 Rifle Course

Rifle: Any caliber .22 rifle International Union for Modern Pentathlon and

Biathlon (IUMPB) Rule 5.2.

Ammunition: Any safe caliber .22 rimfire ammunition IUMPB Rule 5.3.

Target: Standard 50 meter International Small Bore Target NRA A-39-A20: Na-

tional Guard Biathlon Target 145-5 or 145-6.

Positions: As described in current UIMPB rules 9.1.1 and 9.1.2.

Sights: Metallic 7IMPB Rule 5.2(d). Post or aperture front sight may be used.

Telescopic sights are not authorized.

Supervision: A club official, appropriate school or junior club instructor will exercise

sufficient supervision to insure compliance with the requirements for

qualification firing and certify as to the correctness of the scores.

Scoring: Record targets will be scored in accordance with the UIMPB Rules.

Requirements: Smallbore courses listed below may be fired by all members of DCM

Biathlon clubs for annual qualification. Scores fired in NRA registered or approved competitions are acceptable to the DCM for the purpose of

meeting the requirements for annual qualification firing.

Awards: Appropriate badges and bars will be awarded, subject to availability of

funds, to juniors (ages 10-20 inclusive years) for qualifying scores made

in firing any DCM caliber .22 rifle courses.

Other: Indoor training at fifty feet should be conducted according to the DCM

caliber .22 rifle courses.

Biathlon is a Winter Olympic sport that combines cross country skiing and rifle marksmanship. Biathlon entered the modern Olympic Games in

1960.

Biathlon events for men are the 20 km individual event, the 10 km individual sprint and the 4 x 7.5 km team relay. A competitor skis over a prescribed course, carrying the rifle on his back, stopping periodically to shoot at targets from either the prone or standing position. Penalty time for inaccurate shooting is added to ski time to produce the total running time. The penalty is either a specified time penalty or the skiing of a 150 m penalty loop for each target missed. The targets are of a metal knockdown design with the prone bull 4 cm across and the standing bull 11 cm across. Firing distance is 50 meters with specialized .22 target rifles. Biathlon events for women are the 15 km individual event, 10 km individual sprint 3 x 5 km team relay. Biathlon World Championships for women will begin in 1984. Juniors under age 21 participate in the 15 km individual event, the 10 km individual sprint and the 3 and 7.5 km team relay.

#### **Biathlon Courses**

Range	Target	Position	Nr shots	Time	Possible score
DCM COU	RSE B-A	Slov	v fire		
<b>50</b> m	ISD 50m or	Prone	20	20 mins	200
	National Guard	Standing	20	20 mins	200
	Biathlon 145-5			Total	400
DCM COU	RSE B-B	Rapio	d fire		
<b>50</b> m	NG-145-6	Prone	20	60 sec per	20
	(Hit or Miss)	Standing	20	5 shot string	20
				Total	40
DCM COU	RSE B-C	Combination	n fire		
<b>50</b> m	NG-145-6	Prone	20	60 sec per	20
	Hit or Miss	Standing	20	5 shot string	20
				Total	40

Combination fire, 20 shots prone and 20 shots standing at 50 meters in stages of 5 shots fired within 60 seconds, after skiing one kilometer within 5 minutes prior to each stage; or running one mile within 8 minutes. The National Guard competition target (NG form 145-6, 8 January 1981) will be used.

#### Pistol and Revolver Courses

#### Instructions for Firing Pistol or Revolver Courses

Pistol/Revolver: Any caliber .22 pistol, caliber .45 pistol or caliber .45 revolver as ap-

propriate for course fired.

Ammunition: Any safe caliber .22 or caliber .45 ammunition as appropriate.

Targets: As prescribed for each course in tables listed below. A description of these

targets will be found in the "NRA Pistol Rule."

Supervision: A club official, appropriate school official, or junior club instructor will

exercise sufficient supervision to insure compliance with the requirements for qualification firing, and will certify as to the correctness of the scores.

Scoring: Record targets will be scored in accordance with the current Pistol Rules

of the National Rifle Association.

Requirement: The pistol and revolver courses listed below may be fired by members of

DCM senior and college clubs.

Awards: Certificates of Qualification may be awarded for firing authorized pistol

and revolver courses.

#### **Pistol Courses of Fire**

The following courses and types of fire are most commonly found in NRA sanctioned pistol competition.

DCM Cou	irse P-A	Natior	ial Match Course		
			Time Per 5		Possible
Range	Target	Type fire	Shot string	Strings	Scores
50 yds	50 yd. B-6	Slow	5 minutes, 5 shots	_	100
25 yds	25 yd. B-8	Timed	20 seconds, 5 sho		100
25 yds	25 yd. B-8	Rapid	10 seconds, 5 sho		100
	-	-		ssible Score	
DCM Cor	irse P-B	(SI	nort Course)		
			Time Per 5		Possible
Range	Target	Type fire	Shot string	Strings	Scores
25 yds	25 yd. B-16	Slow	5 minutes	2	100
25 yds	25 yd. B-8	Timed	20 seconds	2	100
25 yds	25 yd. B-8	Rapid	10 seconds	2	100
	,u c	Mapia		ssible Score	
DCM Con	eran D. C	<b>C</b>	D C		
DCIVI COL	rse P-C	Ca	Time Per 5		D: 1.1-
Range	Target	Tuna fira		C4min ==	Possible
25 yds	25 yd. B-8	<i>Type fire</i> Slow	Shot string 2½ minutes	Strings	Scores
25 yds 25 yds	25 yd. B-8	Timed		2	100
-			20 seconds	2	100
25 yds	25 yd. B-8	Rapid	10 seconds	2	100
			Total Pos	sible Score	300
DCM Cou	rse P-D	(Lea	gue Course)		
			Time Per 5		Possible
Range	Target	Type fire	Shot string	Strings	Scores
25 yds	50 yd. B-6	Slow	5 minutes	2	100
15 yds	25 yd. B-8	Timed	20 seconds	2	100
15 yds	25 yd. B-8	Rapid	10 seconds	2	100
			Total Pos	sible Score	300
DCM Cou	rse P-E	(Gall	ery Course)		
(50 feet or			,,		
		Time I	Per 5		Possible
Target	Type fire	Shot s	tring S	Strings	Scores
B-2	Slow	5 minu	ites	2	100
B-3	Timed	20 seco	onds	2	100
B-3	Rapid	10 seco	onds	2	100
			Total Pos	sible Score	300

#### Single Stage Course

Any number of strings (10-shot at 50 yards slow fire, or 5-shot at timed or rapid fire) fired at a single distance as specified in the conditions of the match and in the regular time allowed for that type of firing.

#### **Air Pistol Courses**

#### Instructions for Firing Air Pistol Courses

Air Pistol:

Any type of compressed air or CO<sup>2</sup> Pistol of conventional appearance which shoots a .177 or .22 Caliber pellet. Otherwise NRA International

Pistol Rule 3.7 applies.

Ammunition:

.177 Pellets or .22 Pellets.

Targets:

As prescribed for each course in the following tables.

Positions:

As described in current NRA pistol rules.

Supervision:

A club official, appropriate school official or junior club instructor will exercise sufficient supervision to insure compliance with the requirements for qualification firing, and will certify as to the correctness of the scores.

Scoring:

A description of targets and methods of scoring can be found in the cur-

rent NRA International Pistol Rules.

Awards:

Certificates of Qualification may be awarded for qualifying scores made

in firing Air Pistol Courses.

#### **Air Pistol Courses**

DCM Cour	rse AP-A		10 Meters		
Range 10 M	Target AP-1	Position Standing	NRA shots 40	<i>Time</i> 90 mins	Possible scores 400
DCM Cour	rse AP-B	10 Meters			Possible
Range 10 M	Target AP-1	<i>Position</i> Standing	NRA shots 60	<i>Time</i> 135 mins	scores 600

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